

Bob has diabetes.



**Can you tell how well
his kidneys are working?**

Neither can he without a test.

People with diabetes and high blood pressure are at high risk for kidney problems. You can have kidney problems without having any symptoms. Testing is the only way to know.

So talk to your doctor about getting an annual urine micro-albumin test to check your kidneys. *It could save your life.*



YOUR KIDNEYS

—

GET THE URINE MICRO-ALBUMIN



Find out your risk for chronic kidney disease!

	Yes	No
I have diabetes.	<input type="checkbox"/>	<input type="checkbox"/>
I have high blood pressure.	<input type="checkbox"/>	<input type="checkbox"/>
I have protein in my urine.	<input type="checkbox"/>	<input type="checkbox"/>
I have a family history of kidney problems.	<input type="checkbox"/>	<input type="checkbox"/>

If you are over 50 and answered **YES** to any of the above, take this flyer to your doctor and ask about getting the urine MICRO-ALBUMIN test to check for kidney disease.

Medicare covers the test for people with diabetes with no co-pay or deductible. A co-pay or deductible for the physician office visit may apply. Ask your doctor.

* Reproduced with permission from TMF Health Quality Institute.

MO-09-34-CKD July 2009 This material was prepared by Primaris under contract with the Centers for Medicare & Medicaid Services, an agency of the U.S. Department of Health and Human Services. The contents do not necessarily reflect CMS policy.