

Are you using a blood thinner?

If so...

Examples of blood thinners include:

- Aspirin, clopidogrel (Plavix®), dipyridamole (Aggrenox®)
- Warfarin (Coumadin®, Jantoven®)
- Heparin (Lovenox®, Fragmin®)

Speak to your health care provider about your blood thinner TODAY, at EVERY VISIT, and EVERY TIME you:

- Start or stop a new prescription or over-the-counter medication or vitamin
- Change dosages of prescription or over-the-counter medication
- Experience bleeding or unexplained bruising
- Experience new or worsened symptoms, (e.g., severe headache or abdominal pain)
- Have a major change in what you eat OR what you are able to eat

What are blood thinners?

Blood thinners slow down how fast blood clots and protects the body from problems caused by unwanted clots. The blood is not really “thinner.” Instead, it just takes a little longer to clot than usual.

To avoid dangerous bleeding or blood clotting, it is very important that you discuss your blood thinner with your health care provider during EVERY visit.

Ask your health care provider to give you FREE resources with detailed information on the safe use of blood thinners.

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